



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# 2024 FOOT HOCKEY LEAGUE VALLEY YMCA

## LEAGUE OVERVIEW & OBJECTIVES

The Valley YMCA Foot Hockey League is a 6-week program open to boys and girls from 5 to 12 years old. Meeting weekly for practices and games, your child will learn the basics of hockey while enjoying the benefits of regular exercise, team building, and most of all, having fun. With a focus on fair play, YMCA Youth Sports make values a priority by instilling respect, responsibility, honesty, and caring. Everybody plays on the YMCA team!

## LEAGUE DETAILS

- **DATES 9/21/24 to 11/2/24**  
(Dates Subject to Change)
- Practice times M-TH
- Games will be played on Saturday mornings
- Age divisions: 5-6, 7-9, 10-12  
**(Divisions subject to change)**
- Game will consist of three (3) periods.



## 6 WEEK FOOT HOCKEY LEAGUE

Family Member: \$45.00

Youth Member: \$55.00

Non-Members: \$80.00

- Participants must have shin guards, protective gloves, helmets and mouth guard
- Players will receive a shirt and end of season award
- **REGISTRATION DEADLINE:  
9/07/24**

**Program Fees:**

Family Member: \$45.00

Youth Member: \$55.00

Non-Members: \$80.00

Registration  
deadline is  
**9/07/24**

**Program Financial Assistance is available**

**\$5.00 late fee will apply to those registering late if any openings exist.**

# Foot Hockey League

**PLAYER INFORMATION**

Name: \_\_\_\_\_ Sex ☐ M ☐ F Age: \_\_\_\_\_

Birthdate: \_\_\_\_\_ Email: \_\_\_\_\_

Address: \_\_\_\_\_

Parents/Guardian: \_\_\_\_\_

Phone (H/W) \_\_\_\_\_ Emergency Contact: \_\_\_\_\_

Relationship: \_\_\_\_\_ Phone: \_\_\_\_\_

Participant Shirt Size: (Circle one)

Youth: S M L Adult: S M L

**INTERESTED IN COACHING?**

Name: \_\_\_\_\_ Email: \_\_\_\_\_

Address: \_\_\_\_\_

Home/Cell Phone: \_\_\_\_\_ Shirt Size: (Circle one) Adult: S M L

**PERMISSION**

I/We hereby give permission for my/our child to participate in the Valley YMCA Youth Foot Hockey League.

**INDEMNIFICATION**

INTENDING TO BE LEGALLY BOUND, HEREBY, I/we agree to INDEMNIFY AND HOLD HARMLESS, the Valley YMCA, the owners and lessees of premises used to conduct the event and each of them, their officers and employees, the promoters, other participants, operators, officials, advertisers, any persons in the event area, their agents, successors and legal representatives, against any loss from any and all claims, demands, and actions at law/ or in equity incur due to the presence of the undersigned in or upon the event area or in any way competing, officiating, observing, or

working for, or for any purpose participating in the event, whether caused by negligence of the releases or otherwise that may hereafter at any time be brought by myself/ourselves, my/our child, or anyone on his/her behalf; for the

purpose of enforcing a claim for the damages because of any injury (including death) or property damages sustained by myself/ourselves or my/our child as a result of, or in any way related to his/her

participation in any the Valley YMCA programs and/or events.

Parent Signature \_\_\_\_\_

Date: \_\_\_\_\_